

## The Rule of Saint Benedict

“The Rule of Benedict: Insights for the Ages”

Joan Chittister osb

Crossroad. New York, 1996, ISBN 0-8245-203-5

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## Cistercian Spirituality

“The Cistercian Alternative”

Andre Louf ocso

Gill and MacMillan, 1983, 7171 1306 X

“The Way of Simplicity: The Cistercian Tradition”

Esther de Waal

London: Darton, Longman and Todd, 1998, ISBN 0-232-52264-2

“Sermons in a Monastery: Chapter Talks”

Matthew Kelty ocso

Kalamazoo: Cistercian, 1983, ISBN 0-879-958-4

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## Prayer

“Towards God: The Western Tradition of Contemplation”,

Michael Casey ocso

Blackburn: HarperCollins, 1995, ISBN 1-86371-403-0

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## Lectio Divina

“Sacred Reading: The Art of Lectio Divina”

Michael Casey ocso

Liguori: Triumph, 1996

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## Vocation

“The Monastic Journey”

Thomas Merton ocso

New York: Image Book, 1971, ISBN 0-385-14094-0

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## Liturgy of the Hours

“The Liturgy of the Hours in East and West: the Origins of the Divine Office and its Meaning for Today”

Robert Taft

Collegeville: Liturgical Press, 1993